










Radiation Dose to Adults From Common Imaging Examinations

Procedure		Approximate effective radiation dose (mSv)	Approximate comparable time of natural background radiation exposure
 ABDOMINAL REGION	Computed Tomography (CT) — Abdomen and Pelvis	7.7 mSv	2.6 years
	Computed Tomography (CT) — Abdomen and Pelvis, repeated with and without contrast material	15.4 mSv	5.1 years
	Computed Tomography (CT) — Colonography	6 mSv	2 years
	Intravenous Urogram (IVU)	3 mSv	1 year
	Barium Enema (Lower GI X-ray)	6 mSv	2 years
	Upper GI Study With Barium	6 mSv	2 years
 BONE	Lumbar Spine	1.4 mSv	6 months
	Extremity (hand, foot, etc.) X-ray	< 0.001 mSv	< 3 hours
 CENTRAL NERVOUS SYSTEM	Computed Tomography (CT) — Brain	1.6 mSv	7 months
	Computed Tomography (CT) — Brain, repeated with and without contrast material	3.2 mSv	13 months
	Computed Tomography (CT) — Head and Neck	1.2 mSv	5 months
	Computed Tomography (CT) — Spine	8.8 mSv	3 years
 CHEST	Computed Tomography (CT) — Chest	6.1 mSv	2 years
	Computed Tomography (CT) — Lung Cancer Screening	1.5 mSv	6 months
	Chest X-ray	0.1 mSv	10 days
 DENTAL	Dental X-ray	0.005 mSv	1 day
	Panoramic X-Ray	0.025 mSv	3 days
	Cone Beam CT	0.18 mSv	22 days
 HEART	Coronary Computed Tomography Angiography (CTA)	8.7 mSv	3 years
	Cardiac CT for Calcium Scoring	1.7 mSv	6 months
	Non-Cardiac Computed Tomography Angiography (CTA)	5.1 mSv	< 2 years
 MEN'S IMAGING	Bone Densitometry (DEXA)	0.001 mSv	3 hours
 NUCLEAR MEDICINE	Positron Emission Tomography — Computed Tomography (PET/CT) Whole body protocol	22.7 mSv	7.6 years
 WOMEN'S IMAGING	Bone Densitometry (DEXA)	0.001 mSv	3 hours
	Screening Digital Mammography (CC+MLO each breast)	0.28 mSv	34 days
	Screening Digital Breast Tomosynthesis (3D Mammogram, CC+MLO each breast)	0.34 mSv	42 days

Note: This chart simplifies a highly complex topic for patients' informational use. The effective doses are typical values for an average-sized adult. The actual dose can vary substantially, depending on a person's size as well as on differences in imaging practices. It is also important to note that doses given to pediatric patients will vary significantly from those given to adults, since children vary in size. Patients with radiation dose questions should consult with their medical physicists and/or radiologists as part of a larger discussion on the benefits and risks of radiologic care.