

## June is Men's Health Month

Abdominal aortic aneurysm, also known as triple A, is a leading cause of sudden death for men over age 60.

Triple A is treatable if detected early. Warning signs may include intense back or abdominal pain, rapid pulse, nausea, vomiting, excessive sweating, and shock. Major risk factors include a family history of triple A, smoking and high blood pressure.

It is recommended that men between the ages of 65 and 75 who have smoked get a one-time screening test. However, men with a family history of triple A should begin screening at age 60.

Screening is performed using *abdominal ultrasound* (<https://www.radiologyinfo.org/en/info/abdominus>) which involves the use of a small transducer (probe) and gel to expose the body to sound waves that produce pictures of the inside of the body. Ultrasound is safe and painless.

Knowing the risk factors for triple A and getting screened can help prevent this life-threatening condition.

Visit the *Abdominal Aortic Aneurysm* page (<https://www.radiologyinfo.org/en/info/abdoaneurysm>) for more information about this condition, how triple A is evaluated and treated.

### Additional Men's Health Resources:

- *Benign Prostatic Hyperplasia (BPH)* (<https://www.radiologyinfo.org/en/info/bph>)
- *Colorectal Cancer Screening* (<https://www.radiologyinfo.org/en/info/screening-colorectal>)
- *Prostate Cancer* (<https://www.radiologyinfo.org/en/info/prostate-cancer>)

### Disclaimer

This information is copied from the RadiologyInfo Web site (<http://www.radiologyinfo.org>) which is dedicated to providing the highest quality information. To ensure that, each section is reviewed by a physician with expertise in the area presented. All information contained in the Web site is further reviewed by an ACR (American College of Radiology) - RSNA (Radiological Society of North America) committee, comprising physicians with expertise in several radiologic areas.

However, it is not possible to assure that this Web site contains complete, up-to-date information on any particular subject. Therefore, ACR and RSNA make no representations or warranties about the suitability of this information for use for any particular purpose. All information is provided "as is" without express or implied warranty.

Please visit the RadiologyInfo Web site at <http://www.radiologyinfo.org> to view or download the latest information.

**Note:** Images may be shown for illustrative purposes. Do not attempt to draw conclusions or make diagnoses by comparing these images to other medical images, particularly your own. Only qualified physicians should interpret images; the radiologist is the physician expert trained in medical imaging.

### Copyright

This material is copyrighted by either the Radiological Society of North America (RSNA), 820 Jorie Boulevard, Oak Brook, IL 60523-2251 or the American College of Radiology (ACR), 1891 Preston White Drive, Reston, VA 20191-4397. Commercial reproduction or multiple distribution by any traditional or electronically based reproduction/publication method is prohibited.

Copyright © 2026 Radiological Society of North America, Inc.